



# Soul 2 Sole

## Jazz Syllabus



### JAZZ DESCRIPTION

- Students will learn classical ballet techniques, terminology, and fundamentals such as positions of feet and Energetic and fun approach to technical dance while enhances performing qualities
- Focus on proper technique, isolations, flexibility, and coordination
- Elements include kicks, turns, leaps, and splits
- Includes thorough warm-up, stretching, conditioning/strengthening
- Emphasizes progressions and center floor work

### CLASS OBJECTIVES

- Develop proper technique in jazz dance
- Improve isolations, flexibility, and coordination
- Learn kicks, turns, leaps, and splits
- Enhance performance skills and stage presence
- Build strength and stamina through conditioning
- Progress through structured warm-ups and center floor exercises
- Instill values such as dedication, time management, resilience, and teamwork

### BENEFITS

- Enhances cardiovascular fitness
- Improves flexibility and coordination
- Builds muscle strength and endurance
- Develops rhythm and musicality
- Boosts self-expression and creativity
- Increases confidence and stage presence

### DRESS CODE

- Any color & style leotard
- Tan leather jazz shoe
- Convertible tights, shorts/skirts/leggings
- Hair off the face

### COMMUNICATION

- BAND APP -
  - Info and files
  - photos & videos



### WHAT OUR YEAR LOOKS LIKE

- Season runs from Sept. through May
- Tuition is processed in 9 monthly installments
- Costume fee: \$50 due Oct 15. remained of balance due Jan. 1
- Membership fee applies to the WHOLE family for the WHOLE season!
- Every class students will be learning 3 new steps and continuing to review and master previously learned steps.
- Attendance is crucial to success and quality of class
  - Every 4-5 weeks based on the calendar, students will be assessed on the skills/steps that were taught and sent home
- We will perform a short dance in our **WINTER SHOWCASE** that is scheduled in December 2024.
  - Costumes are low key for this performance, and usually items that can be found in a closet or purchased inexpensively
- We will also perform one piece in our **END OF YEAR RECITAL**. The dates are still TBD, but please plan on the 2nd or 3rd week of May.
- In April we will have a costume pick up week, picture week, and a stage rehearsal.
- Dancers & Parents must be respectful to all dancers, teachers, & faculty both inside and outside the studio. This includes in person and social media

### STUDIO CONTACT

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